



Parallel Community Newsletter September 2011

The Parallel Community is a linking network and a platform where people can express and develop their positive contribution for change - human, social, ecological, creative and spiritual.

Welcome to the September newsletter for Parallel Community! We do hope you enjoy reading this, and look forward to receiving your letters, contributions and articles.

One Love Project Update



Lynn Forrest writes ... The rainbow double-infinity symbol of our distant healing project has a life of its own! It has been 'seen' coming out of people's hands, charging across the landscape and illuminating places all over the planet!

To date around 12 distant healing groups have formed, from Canada to Turkey; each deciding when and how often to meet, and establishing cohesive groups for regular distant healing sessions using the symbol to 'activate' the energy.

Groups are fairly small, some of only three people, one with up to 12. And meetings range from weekly to monthly, according to the group. Some always meet in person, some tune in absently at their appointed time when they can't all be together. Our group in Cornwall had a holiday from meetings through August when we are all so busy, and will resume in September with our weekly gathering.

The One Love rainbow symbol seems to be highlighting the focus of our work, bringing our attention to the connections being made through this work and the new or clearer pathways being laid. There is definitely a feeling of North/South connections being renewed, as though the emphasis from Earth energies focussed around the latitude of the planet are now being focussed on the longitude.

There is a definite golden hue to the symbol's energy too, especially when it speeds up in activation. Groups

feel its heat and energy. And once set to work, it is activated for the Highest Good for a long while, quite outside the specific remit of the groups' initial meeting.

Healing focus has been on a number of obvious subjects over the first month: the tragedy in Norway, the Middle East, our monetary systems, human relationships - to each other and our environments; also to water, local environments and those known personally to us with illness.

What is becoming clear though, is our willingness to let go of specifics and become more generic with where and what we send healing to. Because we are One, we are able to focus on say, fear, in a particular circumstance, and the energy activates around that.

It could be greed, or intolerance or pollution, it seems the energy will highlight something for each group to identify with and consciously focus on. This appears to help us let go of our ego-centred opinions of what we might 'send healing to' and just allow us to be instruments of peace and healing.

A great start! And many thanks to all those who are participating.

For anyone who still wants to join in with the project, contact me, Lynn Forrest, at lf3@btinternet.com and I will send you details. September is probably the latest you can join in because the project will only run until the end of December.

Our experiences have been powerful and meaningful, with the feeling that we have linked in to a universal activation of heart energy.



Beginners' Dowsing Workshop

John and Jill Moss with Ba Miller have now run five dowsing courses at Treviscoe in the past 12 months. These were two introductory days and more advanced courses on dowsing for health, earth energies and geopathic stress. The courses have generated so much interest that a new dowsing group, for those who have attended this year's courses, based in Penwith, is being formed with the first meeting due to be held in October.



- Where are my car keys?
- Why don't I like sitting here?
- Where is the leaky drain pipe?
- Why does this place feel so special?

All these questions can be answered by dowsing. Most people can dowse; find out how. With a maximum group size of 10, these British Society of Dowsters' approved courses will give you a good basic grounding in dowsing theory and practice – all in the delightful setting of Treviscoe. The next Introduction to Dowsing one-day course will be on **Saturday October 8**. The cost is £50; this includes a course resource pack, delicious home-cooked lunch, and irresistible cake!

Other courses available through the year include Dowsing for Health; Earth Energies (courses at three levels); Spirit of Place; Geopathic Stress; and Geopsychic Stress. For more information and an application form please contact John Moss on 07770 752459, or email mossinthewoods@btopenworld.com

World Wide Wave

PC member Ian Doig in Canada has sent us a message, which he presented to the Canadian Society of Dowsters recently.

I woke up in the middle of the night the other night with an idea stirring in my head, and I'd like to run it past you as a possibility for us all to consider.

By any measurement, we are now well into a time of monumental - and unbelievably positive change - a "Chaotic Node", as the Hathors call it. Yet I have some friends who are, I think, quite bothered about what may lie ahead in the immediate future for them and for many others. In short, they are facing this challenging time with some fear and trepidation, rather than focusing on what they would really hope and want to see - and that's just playing into the hands of those who deal in fear, and also weakens the power of those of us who are striving to maintain a positive influence over whatever lies ahead. There are a lot of far better things for us to focus upon, I'd suggest.

I'd like to ask you to undertake to take some time every morning for the next few weeks and months, to hold in our beings the vision of a world in which more and more of us let go of our fear-based thinking, and allow the energies of Love and Light to flow in ... to flood in, as the energies build. I'd like to have us see this as a swelling wave that carries on until a critical mass of humanity is doing it, and sharing it around them, until we are all caught up in the wave. I'd like to suggest that each of us

take the idea home with us and get our local groups and chapters doing it too, as well as bringing the idea to others of our friends who are of the same mind-set. We here in Perth, for example, have a group that we call "a Gathering of Peaceful Souls" that meets most Sunday mornings, whom I suspect would really run with this idea, because, as the old song says, it "ac-centuates the positive ... e-liminates the negative, and doesn't mess with Mr In-Between!"

Surely, if we managed to harness the creative power of the dowsing fraternity around the world, and focus it on building what I am beginning to think of as a "world-wide wave" of truly positive energy - the effect would probably startle us all - never mind those who tend to surrender to fear whenever the going gets a bit rough!

Furthermore, why should we not expand our reach to include those like-minded spiritual teachers who have followings of their own: the Parallel Community ..., David Spangler of Lorian, perhaps... Dorothy MacLean, who's back in Findhorn now ... Michael Roads ... Tom Kenyon ... Neale Donald Walsch ... Eckhart Tolle - whomever. You know, we might just get a world wide wave going here that would support all the things that we all are hoping for!

Duchy Healing Fayre

Ba Miller and Lynn Forrest ran a stall for Parallel Community at the Duchy Healing Fayre at Wadebridge on Saturday August 6. Ba writes, "An early start by Lynn and I paid off as we arrived in plenty of time to set up our stall in the Town Hall. It was an excellent venue, with a really nice "feel" and plenty of space between the tables. There could have been more people, but it was a beautiful day and the beach called the visitors! However it gave Lynn and I plenty of time to talk and we met some really interesting and interested people. Hopefully we encouraged many people to become aware of the new interactive Meeting Place at www.parallelcommunity.ning.com. We both felt encouraged, and that it had been well worth the effort."

Holistic Health Day

The Holistic Health Day takes place on Saturday September 24, from 10am to 4.30pm in Chacewater Village Hall, between Redruth and Truro, in Cornwall; Lynn and Ba will be having a table and any offers of help would as ever be very welcome. Call Ba on 01736 740401 if you might be able to offer any assistance. Look up the website on www.thehealinglightfestival.com

Totnes Lantern Procession

Totnes Lantern Procession is on Saturday September 10; gather on Vire Island at 7.15pm, and the procession moves off at 8pm to the Civic Square. All are welcome to this free event; more details on www.totneslanternprocession.co.uk

Mystical Britain 2012 wall calendar



Mystical Britain 2012

The Mystical Britain 2012 wall calendar is out now! With beautiful atmospheric photos of Mystical Britain, sent in by members of Parallel Community, the calendar includes Celtic festivals and pagan holidays, solar and lunar eclipses, and also sun and full moon and new moon in their relevant astrological signs. The price is £13.52, and it is available via Lulu at <http://www.lulu.com/product/calendar/mystical-britain-2012/16674948>

PC Photo of the Month



Nature Shrouding the Man made – by Sally Daffarn. PC member June thanked Sally for posting this, saying that it was a reminder that freedom can never be bound.

Update from Hopton

PC member Brian Howard, who is restoring the ancient church and surrounding garden at Hopton, Norfolk, the last crossing-point of the Michael and Mary lines in the UK, has sent us an update on progress there. "We continue to dig and clear out the naves and walls; the root-man has nearly completed his task around the walls, with only two small ones left. The surrounding gardens are now looking really good, and this winter will see massive changes here: we are going to split this long border up into mediaeval-type sections and plant them up with Heritage apple varieties and mediaeval plants if we can get them. We are hoping to get a grant from English Heritage for the trees. We have the local probation service community workers (a lovely bunch!) coming in September to remove the pigeon poo and tree stump inside the church. Events planned this month include on September 4 (this coming Sunday) a picnic around the ruins from 2-4pm to the sound of Yarmouth Brass Band; there will be refreshments and an info table (and two marquees in case it rains!) On September 9, Brian is giving a presentation to the WI with a slide show on the ruins and Michael and Mary. On September 11, the local pub the Turnstone is donating all proceeds to us from a table top sale in the car park (the Mary line just clips this pub). On 17th, all proceeds of a Ladies' Sale Rail in the village hall will be donated to the project."

A reminder, from Lynn Forrest

Please continue to support really positive publications like Positive News www.positivenews.org.uk and Sacred Hoop magazine www.sacredhoop.org by subscribing, giving them a steady income. They provide a truth we can't get easily anywhere else and they are an interesting read.

Video and You Tube clips

If there are any members out there who are adept with video or film, we would like your help! Parallel Community want to make a few short clips on various subjects to put on *You Tube* and our website. Does anyone have this expertise that they would like to share with us to create a PC presence on the internet? Please get in touch with Nathascha, Lynn or Michael.

Glastonbury Symposium – investigating signs of our times



Core team member Richard Smith spoke at the Glastonbury Symposium recently. He writes ...

In 1990, the Glastonbury Symposium was inaugurated with the headline 'Investigating Crop Circles and Signs of our Times'. Unlike many 'alternative' conferences, the symposium continues, and has been staged on the last weekend of July ever since, and last month celebrated its 21st anniversary. Lest your eyes glaze over at the mention of Crop Circles, the symposium is now headed as 'Investigating Signs of Our Times'. Perhaps it is the ability of the organisers to recognise the ability to change in a changing environment - they have captured the prevailing 'zeitgeist' - that seems to ensure the ongoing longevity of the symposium. Ann, my wife, and I have been to practically all of them, and the speakers continue to inspire and provoke both serious thought and discussion. It is a well organized affair: woe betide the speaker who attempts to overrun his or her time!

This year's speakers included yours truly, the first of 19 speakers to appear over the 3 days. I shall gloss over my own efforts; suffice it to say that my theme was this: We need to consider what our position might be if we were to get truthful answers to the various conspiracy theories, for example 9/11, the Diana death in Paris and more. Nothing but a wholesale revision of who, how and what we are, is required. I mentioned Parallel Community and its aims, and I covered in some detail the Core Meeting of last September where we remain convinced Hamish made us aware of his presence. **Marcus Allen** followed with a discourse on ancient Egypt; once again challenging conventional wisdom on ancient structural engineering, as he has in the past with the Moon landings. He highlighted the evidently superior technical achievements of the Egyptians, and questioned those who maintain massive blocks of granite were cut from bedrock and shaped using diorite pounding balls.

Guenter Schermann, an academic from Austria with a 15 year interest in Crop Circles, gave an enthusiastic European view of the phenomena. He has participated in the design and presentation of Crop Circle exhibitions in Switzerland, Austria and of all places, South Korea. **John Wadsworth** followed with a presentation on Astrology. He runs a 12 month programme in Glastonbury called the Alchemical Journey, which works with the Zodiac as a tool for personal and spiritual transformation. David Ash followed John, presenting his New Physics of Consciousness, the title of his 2007 book.

On a lighter note, literally, was **Dirk Campbell**, late of the rock band 'Egg' which he formed in the 60's with Dave Stewart and Clive Brooks. This man can blow a pipe ... he demonstrated many wind instruments of remote antiquity which was a joy to hear. If you thought the bagpipes originated in Scotland - wrong! Try Greece, the land of Ouzo and massive debts.

Andy Thomas, author of the recently published 'The Truth Agenda', and one of the organisers of the symposium, gave a fascinating presentation on 'Creating Global Transformation'. He gave a deep insight into the current global situation and explored how changed consciousness and a rise of new collective spiritual responsibility can offer the world extraordinary opportunities to ease the current dramatic birth pangs of a new era. **Lucy Pringle** followed Andy, to give us the results of her latest research. Lucy is passionate about the Crop Circle phenomenon, and has been since the late 1980's. She has written extensively on the subject and has appeared on television discussing the subject. She presented aerial photographs of the latest formations.

In line with the wide remit of 'Investigating Signs of our Times', a dentist, **Graeme Munro-Hall**, terrified the life out of everyone with the bad luck to have a mouthful of amalgam fillings. He is President of the International Academy of Oral Medicine & Toxicology- Europe and has spoken at UN conferences about mercury. He showed how modern dental practice is behind the epidemic of modern chronic diseases, such as Alzheimers, Parkinson's, MS, Allergies, Chronic Fatigue and even Arthritis. He showed why this happened - you won't believe this, but follow the money and what we can do to help protect ourselves. How many of us wandered away determined to look for another mouth mechanic, I wonder?

Then came **Ian R Crane**, who is fast becoming the Daddy of the Truth campaign. His presentations are always inspirational and deeply questioning - he didn't disappoint. He tackled the New World Order, the massive list of outright lies over the Gulf Oil spill and suggested we might like to stock our cupboards ... even the Chief of Nasa has advised his employees to do likewise. What do they know and decline to share? As he said, the shift is about to hit the fan.....

Robin Heath, specialist in Megalithic Astronomy and geometry, gave a presentation entitled 'Going Nowhere, doing Nothing? - Our relationship with Megalithic Monuments'. Talks on our prehistoric legacy rarely disappoint, and this met the mark.

Robert Berman followed with a film, accompanied by **John Dalton** on the harp, on the subject of water. Eau de Vie it may be,

taken for granted it almost certainly is, notwithstanding Robert gave water due credit and sang with the film. **Dr Christine Page** then gave a presentation 'Awakening to the Mystery', where she questioned 'Are we ready to face true unity consciousness'?

Robert Byrnes explained the principles of 'Inversion' and demonstrated the wonders of the geometrical world. **Janet Ossebard**, a veteran of 17 years involvement with Crop Circles, shared her thoughts and insights into the latest formations. **Terry Boardman** gave us his thoughts on the New World order: a phrase readily admitted to and used by leading politicians for many years now. Terry has authored 2 books on the subject, and is deeply knowledgeable on this disturbing and largely ignored question. Finally, **Nigel Grace**, seemingly still in the corporate world, shared his view of what might be coming next. The amusing thought of high-flying executives lying on the boardroom floor trying to work out what might be coming next in the mobile communications industry brought the entire business world into true focus. They don't know any more than do we.

I can strongly recommend to everyone what an interesting weekend this is. See www.glastonburysymposium.co.uk . Hamish spoke here several times, you may meet folk you might only see once a year, but they come from all over the globe. The mix of topics is crucial, added to which on the Friday evening there is an 'Open Forum' where you get to ask searching questions of various speakers, of which I was one. This is a fascinating almost two hour question and answer time. I was asked by one overseas attendee, 'What are the difficulties in managing a project such as Parallel Community?' I responded by saying that they are considerable, but PC is what the members wish to make of it, it was never the intention of the founders to direct 'policy'. I hope this is a fair summation of how PC is directed.

Touching into a Sacred Site

by Michael Baker, Founder Elder of the Sun & Serpent Maya Mysteries School, England



I offer some thoughts on how I approach an ancient sacred place based on my time spent with Elders both within the Western Mystery Tradition as well as indigenous people of other cultures. I give thanks for what has been shared with me, and

hope it may be of help to some friends in Parallel Community.

To begin a visit to a sacred site I find it appropriate to be mindful that many pre-date Christianity by thousands of years and have their roots in a time when as Rudolph Steiner puts it, the veil between this and "other worlds" was less dense than the present day. You have only to stand on the "stage" of a Greek amphitheatre ruin in Turkey to experience what "Playing to the Gods" must have been like. So the first lesson before entering is to unwind my twenty-first century conditioning and replace the deductive left brain with a mind of childhood innocence.

Before I visit a site, I remind myself of the moon phase, and note wind and rain because I find this influences "conductivity" of energy for myself as well as the site. I am in the habit of keeping careful notes, both during as well as after, because I normally expect to make multiple visits over a period of time. Now that there is an I Mac application enabling me to immediately check the position of planets and constellations wherever I stand on site, even in broad daylight, I have an additional research refinement to hand.

In my apprenticeship instruction from Elders and Xamen in Central America, there has always been an emphasis on the importance of ensuring personal ecology is in harmony with the natural ecology (inner landscape matches outer landscape). In every ancient Maya city in Guatemala for example is an astronomical observatory which must have been central to their life; that may be seen from the fact that they have 17 different calendars! I have been shown star maps which show they had a profound understanding of "our" place in the Greater Plan.

Switching cultures, when in Europe I turn my attention to our Celtic roots. Remembering that in England until the Synod of Whitby, (England) in 664 AD, Celtic Christianity continued many of the Druidic traditions which taught the aspirant to see and understand that the sacred is around us everywhere and in our everyday lives. Theurgy (literally God's work) is to be found in aspects of everyday material objects (the sacred geometry of the flower, the cadences in bird song etc.) enabling the soul to unify with Divinity.

In order to gain understanding about the human's relationship with the natural world, the American traditions of the Eagle (north America), the Condor (south America) and the Quetzal (central America) use what is called a "Medicine Wheel". For simplicity, a medicine wheel is a map to work with spiritual medicine, showing when and where we can work with it. In reality, the Celtic Eight-fold Ceremonial Cycle of the Hunter Gatherers (Imbolc to Samhain) is also a Medicine Wheel showing the Equinoxes, Solstices and Celtic Quarter days. My experience shows it important to pay attention to this

wheel in relation to visiting sacred sites, because energetic activity varies considerably depending on the intention originally placed in the site and qualitative energy varies according to many factors.

Respect, Ritual, and Reunion are at the forefront of my thoughts on a visit. I always leave by the same way as I entered – Retracing my steps! At the entrance, my Elders have emphasized the importance of asking permission from the Guardians and Ancestors ... also asking “What is the teaching that is there for me?” - Reunion!

I make careful note of all that comes to each of my senses even if there is no immediate apparent reason. I look for the guardian of the site, a mole, a bird of prey or whatever. More often than not I sit and contemplate

what that connection may mean, because I find there are many lessons from insects, birds and the four leggeds.

Most importantly at an appropriate moment during the visit, I give an offering of pure tobacco, flowers and / or blessed water I keep for this purpose. In this way I fulfill my respectful connection with the Guardians and Ancestors of the site.

Finally upon leaving, at the exit I give thanks for what I have learnt, also checking that pranksters, elves, or wee people are not causing me to forget my dowsing rods and pendulum!

There are many finer points I have left out, but I hope this may be a helpful introduction to those who desire to dig a little deeper and lift the veil between spirit and matter.



Sunflowers at Fukushima

A Buddhist monk is spearheading a campaign to plant thousands of sunflowers to extract radioactive caesium from the soil around Fukushima — and lift the spirits of local residents. In what remains a largely agricultural region, rice has not been planted in many areas. Radioactive caesium has been found in rice straw. Excessive radiation levels have been found in beef, vegetables, milk, seafood and water. In hot spots more than 60 miles (100 kilometres) from the plant, the tea is radioactive.

In an effort to lift the spirits of area residents as well as lighten the impact of the radiation, Koyu Abe, chief monk at the Buddhist Joenji temple, began growing and distributing sunflowers and other plants. "We plant sunflowers, field mustard, amaranthus and cockscomb, which are all believed to absorb radiation," said the monk. "So far we have grown at least 200,000 flowers (at this temple) and distributed many more seeds. At least 8 million sunflowers blooming in Fukushima originated from here."

Sunflowers were used near Chernobyl after the 1986 nuclear accident there to extract radioactive cesium from contaminated ponds nearby. Japanese scientists are also carrying out tests to prove their usefulness in fighting radiation. Experts say one of the key issues has to do with disposing of the flowers properly after they've grown. Abe



decided not to wait for the results of the tests, believing that by taking action his team could help battered local towns shake off a sense of stagnation and give them hope. His plan seems to be working.

"We've been so busy with hundreds of locals coming to collect the flowers. It helps me forget about radiation too," said a volunteer. Fields of flowers can now be seen tucked between the deep green hills and lush forests, and in unusual locations such as unused paddy fields. As more people came to collect flowers at the temple, they confided to Abe their worries about radioactive contamination of the soil in their gardens. With the government still far from a decision on how to handle such soil, Abe decided to take it himself, storing it on the vast temple grounds. "We accept up to 3 bags of up to 30 kilograms per bag per household. Right now we have received over 200 bags," he said. "To overcome this disaster, we should accept that it has already happened and face the reality. Then we should pursue what we can do at this very moment, what impact can we make and how each and every one of us can diligently work to improve the situation."

Read the full story (from Reuters) at http://www.msnbc.msn.com/id/44206319/ns/technology_and_science-science/

Old Mrs Mobarak – healing the side-effects of conflict

A chapter from Palden Jenkins' forthcoming book *Pictures of Palestine*, the story of his humanitarian work in Bethlehem, Palestine.

I went to see Albert, an old friend in the Christian Quarter. Finding his house, I rang the bell and the gate lock buzzed, so I let myself in. Albert wasn't there – he was visiting his wife, who was at a Catholic care home because she has multiple sclerosis. He spent a lot of time visiting her. When I visited in 2005 she was living at home, still reasonably able to function.

I sat talking with the old lady, his mother. She was perhaps 80 years old. Once the formalities were done, she started a sad lament, showing me her knee, badly damaged from a fall. The doctors ask too much money, she said in halting English. Then she showed me her arthritic hands, with bent, knobbly fingers. Then she told me about her aches and pains. Oh dear, this lady was down in the dumps and feeling hard done by.

I offered her spiritual healing – a discreet element in my humanitarian toolkit – framing it in terms of angelic blessings and the grace of God, though I see it as 'cosmic energy'. I had her sit down with eyes closed, and adopted a calmly authoritative voice, asking her to pray to God to bestow his blessing. Centring and connecting myself downward to the Earth and up to infinity, a palpable stillness came about the courtyard – I could feel her noticing it and becoming immersed in it.

I brushed down her aura to smooth it out, then placed my hands lightly and steadily on her shoulders, opening up the top of my head, letting a bi-directional energy-stream crank up. Down and through my left arm came a stream of light, bathing and illuminating her with an effervescent blessing. Up through the right arm and out through the top of my head came a stream drawing away her pain and impurities. (I'm a left-hander, and for right-handers it might be opposite.)

After a while I put my forefingers on her temples, circulating light and connectivity through her worried, tight mind, stiffened as it was by decades of tension and concern. Then my left hand went behind her heart, to imbue her with love and grace. Then in front of her I knelt down and did similar through her feet.

Then I focused on both knees since, although only one was damaged, I could detect strain in the other arising from added weight-bearing. I held my hands with palms an inch away from the knees on each side. My fingers started twitching involuntarily, which they do when they're charged up and radiating. I noticed her looking at my hands, eyes agog.

I said soothing words to her: the angels will walk with her; her errors and weaknesses are forgiven; she is supported and blessed; through giving she will receive God's

blessing; the past is over; her sorrows are melting away. She wept gently, peacefully, and I dried her eyes.

I brushed down her aura again, then drew uplifting energy down into the top of her head. Then I held my radiating hands a little away from her shoulders, standing behind her. She thought I was finished. "I get up now?" "No, sit still." I stopped her locking back into that duty-driven, burden-bearing habit that was, in my estimation, a root cause of her weak knees – she was carrying too much psychological weight.

I carefully drew some dark control lines out of her crown chakra and heart. Control lines are unconscious energy-connections with entities, thought-forms or malignant influences, which can affix themselves to us during difficult times, draining our energy, feeding on guilt, self-doubt and pain, leading us into illness or self-destructive patterns. We are not separate individuals as much as we customarily believe – we're connected, responsive to and affected by the wider world and the universe of which we are a part.

Finally I brushed down her aura and said a prayer out loud. *May God bless you and keep you, cause his light to shine within you, and guide your way home.* Then a long pause. "Okay, now I am finished...". She leapt up, slightly shocking herself at her lightness, and turned around to face me, eyes glowing. It was wonderful to see this. When she was young she must have been quite beautiful.

I sat down and she brought me some cherry juice. She told me how her husband was dead and her daughter lived in Miami. Their shop had been burned down by Israeli troops, who had looted all their money during the occupation of Bethlehem around 2001. Her daughter had invited them to Miami and they had gone there, but she didn't like it. She returned to live with Albert and his wife. Her husband stayed for hospital treatment, paid for by the Church. He died before she saw him again. That was her story.

It's really sad. You hear many such sagas. This is what people like me are here for: to *bear witness*, hear people's stories, let them tell their tale. Bearing witness is a major service any visitor renders by coming here – *just listening* and observing people's lives works wonders for folk who feel abandoned and mistreated, shut behind someone else's concrete walls. It helps them see their situations from an outside viewpoint.

Perhaps it was God-given that Albert wasn't there. The angels had a gift for his mother, using me for the purpose. The best healings come when these gifts are drawn out of me in timely situations and through sheer need. I would visit Albert another time.



Truth



The subject of truth is a very interesting one. Instantly, we think of the fact that we should **always** tell the truth. Certainly that is an important part of it. But even that statement is debateable, because the raw truth can be harsh and even destructive if

uttered in the wrong time in the wrong way and in the wrong place. Truth has its own timing, within ourselves and others, and often we all need to be in the right space to both speak and hear the truth. I feel that when in doubt, leave it and let the universal divine timing take its course.

For me, truth is more about being our authentic selves. To be in our truth is to be real. It enables all the layers of our being, which consist of a hotchpotch of built up personas and projections, to fall away. This is like a lost diamond which has layers of dirt and grime covering its surface.

When truth's nature is revealed, it is shining bright, clear and wonderful. Before this can be experienced, however, the layers of rubbish have to be cleared away. For an individual, this cleansing process may be gradual, or it may involve a quick blast! Then, one's own true diamond qualities are revealed in all their light, clarity, and beauty.

Let us all endeavour to be in our truth. Let us willingly and lovingly drop all the layers of our inauthentic selves. Let them fade away to reveal our true nature, which is of Love, peace, right action, non violence, and truth. To do this we must be willing to take a good long hard look within to see any shadows that are blocking our true light. To be effective, this process must be done without judgement. First know thyself.

A great book to assist us with this process is "The Power of Now" by Eckhart Tolle, which many of you may have read. It reminds us that when we are truly present in the now, there is no time or space for anything other than the true reality to manifest within us ... and this is wonderful.

With many bright blessings, Lindsey Price.

Ecocide – a crime against humanity?

We hear much nonsense spoken on the thorny subject of climate change. It is apparent that the scientists are unable to agree amongst themselves, so what are we less qualified folk expected to make of this very confusing debate, aside from an ever-increasing level of confusion?

Since science is an examination of what is already here, ie, nature, the facts should be self evident. We need however, to remember that science does not enquire into the values and ideal possibilities of things; nor into their final and total significance. Science is content to show their present actuality and operation. I hesitate to remind everyone that non-scientific thought, ie, philosophical ideas and thinking, discusses those five main areas of no concern to science: logic, ethics, politics, metaphysics and aesthetics. It is the third item, politics, that concerns us on the subject of climate change, since politics may be considered to be the art of social organisation. This means us, and how we behave individually and collectively.

Whatever your view on the climate change subject, we might all agree that at the very least, we are not behaving very well with our management of natural resources. So, it would seem that the planet, let us use the name Gaia, needs a lawyer. Just like the rest of us, she needs representation. Now she has one. Her name is Polly Higgins. Polly runs a campaign via her website www.thisisecocide.com to highlight the appalling impact of the humanoid wrecking campaign of Planet Earth. She wants the UN to recognise that Ecocide become the fifth crime against humanity. If you've forgotten the others, they are war crimes, crimes of humanity, genocide, and crimes of aggression. To make ecocide the fifth crime would be an enormous step towards wider recognition that we need to alter our behaviour, not just talk about doing so. There is an ever present danger that well meaning intentions remain just that, and have little impact on the real problem. We have done £10 Trillion (that's with a T) damage to the planet in the three years from 2008 - 2010. It isn't good enough.

On September 30, Ecocide will be on trial at the Supreme Court in London, as if the crime has been made law. The charges will be revealed on the day and could be selected from the following: deforestation; Arctic drilling; deep sea mining; oil spill; fracking; unconventional tar extraction; and peat land removal.

I urge everyone to make themselves aware of this initiative, which goes rather further than continued talking about the problem. Take a look at the website www.thisisecocide.com to see what you might be able to do to help this positive stand against yet more trashing of the planet. Waffling on about 'carbon footprints' is getting us absolutely nowhere, besides being a flawed argument. You might like to take a look at the highly respected Peter Taylor's work on climate analysis - this is incisive and thought provoking stuff.

Richard Smith – core team member.

What I did on my Summer Holiday.....

Core team member Lynn Forrest writes I wanted to share some of my summer journey with you all in this newsletter and felt like I was a schoolgirl writing an essay at the start of Autumn Term when I began to put pen to paper! Perhaps a kind of photo-journal will give you a flavour of the last few weeks and offer a smile or two along the way.



Early summer found me proudly nursing the news of my impending grandparenthood. My daughter is expecting our first grandchild and I think I'm more excited than the new parents-to-be! A whole new era of our family is about to begin at a very challenging time for the planet and humanity - I can't help thinking that this new little one will have life more sussed than we have.

By mid-summer I was back in Sweden with my Mum visiting for the first time. It was so good to be able to share with her, at 80 years old, something completely different. It's a trip I will always treasure and one she will never forget.



I had organised the Pilgrimage of the Heart walk which took place in August, from Trencrom Hill to St Michael's Mount in Cornwall. A happy band of 20 pilgrims journeyed along the earth energy lines criss-crossing the far west of Cornwall and completed the walk on the beach opposite the Mount. It was a joy to share the heart-opening and sincere exchanges we all experienced on the way and the wonderful hospitality we enjoyed at the

home of Marilyn and Sid Duncan at the end of our day. Truly blessed!



Returning to my husband Terry in Sweden with a friend, we were able to enjoy lazy summer days in the sun. Simple picnics on the jetty, swimming (in the Baltic?!), walking in the woods - and spotting a MOOSE! We also communed with our ancestors in an intriguing ancient labyrinth and watched the rolling majesty of a waterfall let loose from a local dam. A beautiful time and a relaxing end to the holidays.



Now the smell of autumn is in the air, trees are turning various shades of gold, logs are being stacked ready for the fires of winter and I am offering my first workshop here in our little Swedish village. We are looking at a new era in many ways; changes in family, changes in work, changes in circumstances and changes in the world. How will we deal with them as they come along? As summer turns to autumn and things begin to die back and rest, we too could rest our energy ready for the new things to come during the dark months of the year. And hold the energy of those dazzling summer days to warm our hearts for another winter ahead. Many blessings on your journey. Love, Lynn x

Letters Corner

Miriam Naccache writes, "I really enjoy reading the newsletter and usually look forward to reading it when it comes out. I was wondering if you could introduce a supporters letters corners, where a "star letter" would be chosen on a monthly basis where a PC supporter would mention how he/she are helping their community and serving PC core beliefs, and the winner of the monthly star letter could win a PC pack (including badge, stickers) which in turn they could distribute around them. The other suggestion I had is if you ever have thought to have a corner to advertise courses or workshops which would be relevant to the community in general and related to different geographic areas? Unless it would be easier to have this directly as a link on the website?"

Ann Palmer, on the Isle of Lewis, sent the following letter. "Thank you so much for sending me the Parallel Community newsletter. Just reading it connects me so much to something that I wish I was 'more part of'. You asked for people to email you with details of what they are doing in their community. So here it is from the Outer Hebrides! My partner and I met Ba and Hamish a few years back at the Swanwick Writers Summer School where Hamish gave one of his amazing inspirational talks. If that is the kind of energy that accompanies the get-togethers you have today, (and it sounds as if it is!) then you are

very lucky people! My partner and I are writers, and though I have a book coming out shortly, the really important one, called "Earthbonding" is still looking for a home in the world of publishing. I attach "Earthprayer" in case it is something you would like to share with your membership. My feeling is that the more ways we can say it, the greater the effect. Good luck to the Parallel Community and all the other organisations, initiatives and individuals it inspires! Best wishes and love, Ann Palmer. (plyons.gress@tiscali.co.uk)"

The Earth's Prayer (to the intonations of the Lord's Prayer)

Our Gaia, whose art is nature –
abode of our life,
your time has come, your battle won
for people's planet-consciousness.
Teach us each day, how to be and live
Through observing nature's models.
Those models that bring us into harmony
And not into conflict with life's source.
Home to humanity,
In sacred diversity.
Deities in unity,
Our dream.

Our Gaia, whose heart feeds all creatures
alive on this Earth.
Attuned to that flow, our knowledge grows
Of how interdependent we are.
Give us this day a new way to be –
Born guardians of all life forms

In a heart-based nature – nature at its heart.
Our new role in life to honour them
Respect and protect, share in the caring
to sustain the future
Their destiny their own,
at-one.

Our Gaia, as a part of you
We are your nature
Your kingdom of life, your will survives.
Give us this day, new eyes to see
Eyes that embrace the whole world and not just me.
A metamorphosis.
The land, like our bodies,
The sun our inner fire,
Rivers, life-blood of earth.
Parallel universe,
Wholistic perspective,
Oneness.

Jeryl Hutchens in *New Zealand* writes, "I have thoroughly enjoyed reading all your newsletters and wish you all the best for the future with all your excellent ideas and community spirit - I know that it will resonate into and around the world - keep it up and may the Lord Bless everyone of you. I would love to meet some of you and if any of you come to New Zealand - Tauranga - please get in touch with me at bellhutch@clear.net.nz"

Finally – our apologies. If you have written to the PC email address info@parallelcommunity.com recently and not received a response, please forgive us. A temporary technical glitch has meant that lots of letters have only just been received; a response should be forthcoming imminently. If you still don't receive a response, please re-send your letter.

The Spinning Earth

This message from PC member Candace Caddick is, she tells us, written from the perspective of higher beings, the Archangels Melchizadek, Uriel and Esmariel.

A new plan is being woven by the Earth; she weaves it out of thoughts, ideas, beliefs, colours and songs. She takes scraps from a rag-bag and picks the ones she wants to take forward and lets the others go, making a new physical planet out of the energy of what is available. This is where you come in as creators of the thoughts she can access. You are all powerful enough to think, and your thoughts float away from you and almost have a life of their own. They can combine with similar thoughts and create a great consensus and physical action. A good example of this is the American Revolution over two hundred years ago. Thought led to actions that changed the world for the better at that time.

Your thoughts spin away from you in threads and are picked up by the Earth - who can choose to weave them into her future and your future. She has a lot of black and grey to work with, and we would like to see a diversity of thoughts. Bright and happy thoughts carry a completely

different vibration and colour and allow her to pull these into a brighter future. You've had a fear-filled start to this millennium where there have been wars and terrorism followed by economic insecurity. These events made it hard to be positive, we know. We want you to look at your own lives, are you hungry or homeless, or are you being fed and sheltered? Did all the bad things you fear come to pass? Starting with the computers ruining the world in the millennium bug scare, you've had one thing after another trotted out before you to make you worry and generate sad and fearful thoughts.

So today we want to mention some positive things for you to look forward to, so that you can think some happy thoughts and change your future for the better. The Earth is awake and preparing to resume her role as "mother" and take charge again. There is nothing else that can have as big an effect on your lives as this. There are strong beginnings of renewal of two-way communication with

her, with more and more respect for the planet and more healing groups. There is a groundswell of consensus to protect the planet, especially among younger people. There is acknowledgement of planetary support, planetary generosity and (incredibly after all this time) the dawning realisation that you need to care for her if you're going to have anywhere to live. This is an about-face on old attitudes.

Once there were only a few torchbearers in Greenpeace or Friends of the Earth, and now there are a great many

A Tribal Elder Speaks (sent in by Jeryl Hutchens)

"You have been telling the people that this is the Eleventh Hour. And there are things to be considered... Where are you living? What are you doing? What are your relationships? Where is your water? Know your garden. It is time to speak your Truth. Create your community. Be good to each other. And do not look outside yourself for the leader."

Then he clasped his hands together, smiled and said, "This is a good time! There is a river flowing now very fast. It is so great and swift that there are those who will be afraid. They will try to hold onto the shore. They will feel they are being torn apart and will suffer greatly. Know the river has its destination. The elders say we must let go of the shore, push off into the middle of the river, keep our eyes open, and our heads above the water. And I say, see who is in there with you and celebrate.

"At this time in history, we are to take nothing personally. Least of all, ourselves. For the moment that we do, our spiritual growth and journey comes to a halt. The time of the lone wolf is over. Gather yourselves! Banish the word 'struggle' from your attitude and your vocabulary. All that we do now must be done in sacred manner and in celebration. We are the ones we've been waiting for." Oraibi, Arizona.

Help for Bees

PC member Martin Wallace lives in France; he is eager to pass on information that might not have filtered through to people in the rest of the world. "I have been concerning myself (partially, a hobby, let's say) with bees, those Ladies of the Flowers, for some seasons now, so I will pass on a few tips that might be useful... What with colony collapse, there are many factors involved, but one of them is the failing earth magnetism ... An 86 year old apiculteur, in Versailles, near Paris, discovered that if you get two pretty strong magnets, and place one on the hive's south face, and one on the north face, this creates a sufficiently strong magnetic environment that the colony can home into, or whatever they do ... it really seems to help. I can pass on the address for these magnets: the seller is a Belgian enthusiast, very capable; they are not expensive, he sells at cost price of 1 euro per magnet. It really seems to help; my bees went into a dance routine that puts the Lords of Dance to shame.

"Next, varroa mites, one of the principal parasites of bees, hate copper. A length of wire laid across the entrance of the hive does the trick; the bees are obliged to cross it; copper molecules are then present on their bodies, and the mites drop off.

"Next, pyramids. Well, this is a bit of a program, but I have been hiving bees in large pyramids for some years. One type is a sothic pyramid; the other type, quite well adapted, is the pyramid that arrived as a crop circle in June 2007. I determined the side lengths with AutoCad; and the bees seem to respond positively to this, producing a watery clear honey, very viscous, like glycerine. We found it quite medicinal. But what is subjective in these kinds of observations is anybody's guess.

"Incidentally, I am looking to swap a house for 3 months, in England. I would like to swap my rural home in Brittany, a big, wooden, modern house, 40 km from the coast, with a house in the west of England or London. If there are any takers, my email is martinwallace6@gmail.com"

PC Meeting Place

The new PC Meeting Place is buzzing with activity, news, and features. Don't be the one who misses out. Go to <http://www.parallelcommunity.ning.com> and sign up.



Newsletter

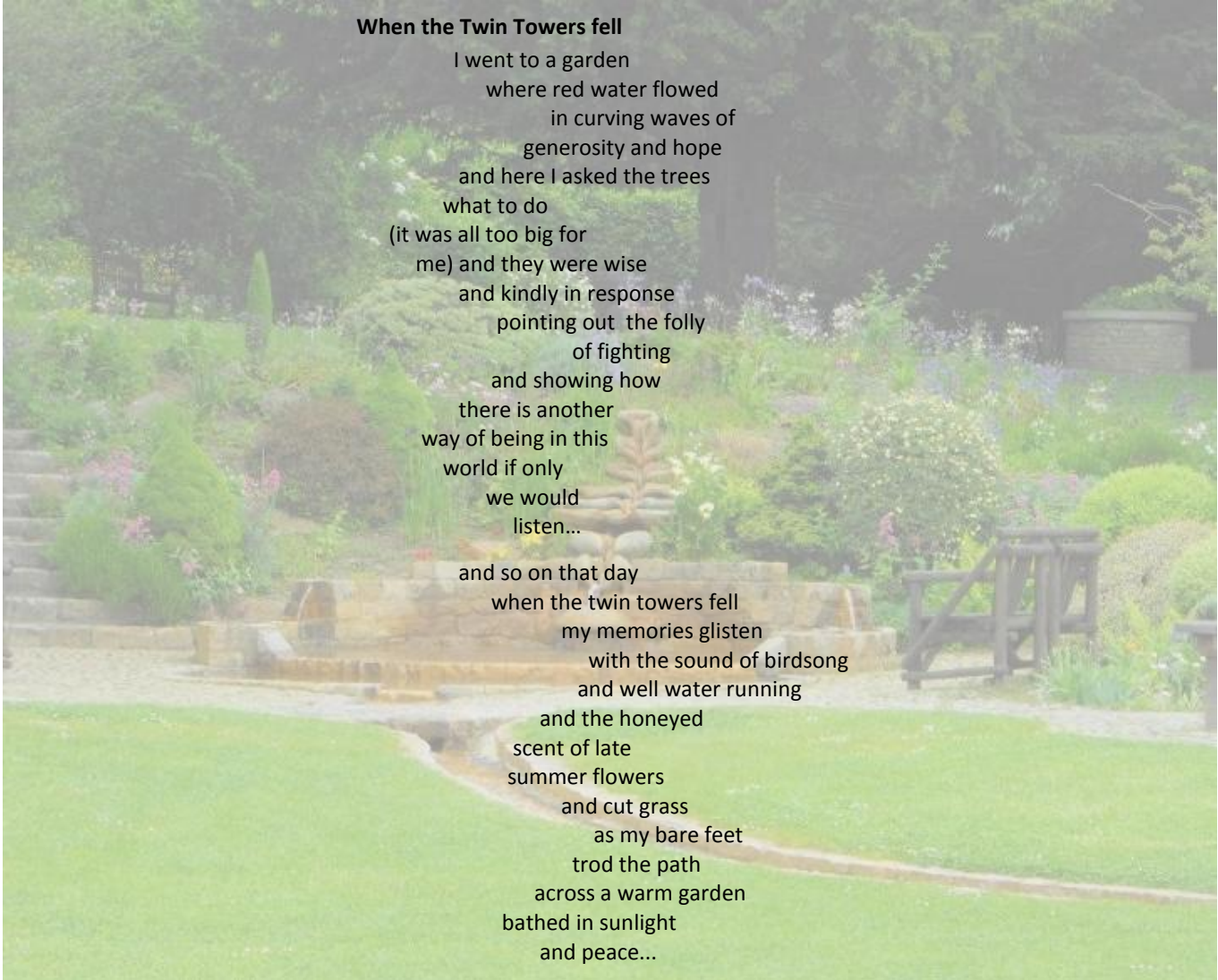
Are there any Members of PC who would be able to help out with the production of the Newsletter? Anyone with editorial skills combined with desk-top publishing skills, and a good working knowledge of Microsoft Word? If you think you might be able to help, please contact Frances on watts@penare.ndo.co.uk

Memories of 9/11 – by Brenda Desborough

This month witnesses the 10th anniversary of the terrible events of 11th September 2001. At the time I was living in Glastonbury and doing voluntary work as one of the Gatekeepers at the Chalice Well, although I was not “on duty” that day. I remember that morning well – I had been decorating a bedroom, the windows were wide open, it was warm and the weather was beautiful – a mellow Indian summer day. I’d been listening to the radio as I worked: a soft background noise, overlaid by the hum of an errant bumblebee that had flown in and that I had not bothered to shoo out. A telephone call around lunchtime took me out of the room and by the time I returned, the news from New York was being broadcast throughout the world and my bumblebee friend had disappeared....

By late afternoon I felt a deep need to sit quietly amidst old trees and made my way down to the Chalice Well gardens just before the gates were closed for the day. The cool shade of the twin yews beside the Vesica pool, the scent of the flowers and the rhythmic sound of the water cascading through the flow form, served as a gentle balm and antidote to all the horror. I remember standing barefoot on the grass, surrounded by the transcendent beauty of that place and immersed in its peace but also aware of the awful suffering being felt, not just in the USA, but all over the world. This poem was written nine years later for a public poetry event.

When the Twin Towers fell



I went to a garden
where red water flowed
in curving waves of
generosity and hope
and here I asked the trees
what to do
(it was all too big for
me) and they were wise
and kindly in response
pointing out the folly
of fighting
and showing how
there is another
way of being in this
world if only
we would
listen...
and so on that day
when the twin towers fell
my memories glisten
with the sound of birdsong
and well water running
and the honeyed
scent of late
summer flowers
and cut grass
as my bare feet
trod the path
across a warm garden
bathed in sunlight
and peace...

*We hope you have enjoyed reading this newsletter. The deadline for the September newsletter is **Friday September 30**; please send any contributions to Frances (watts@penare.ndo.co.uk) or to the address below. Please feel free to forward this newsletter to any friends who might be interested.*

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