



Parallel Community Newsletter



March 2011

Focus for March ... "Courage"



Core team member Lynn writes ... I am reminded lately of all the teachings we have had, all the spiritual insights we have received and all the alternative information

we have been privy to over the past couple of decades. For me, that is when I began to wake up and realise that this modern life has to change. Those things sparked a different way of life for me and a motivation to live from the heart above all else. And of course I'm not alone. These incentives have been emerging for centuries, preparing humanity for a stark choice between living life through the manipulations of fear or choosing humility by living through love.

We all know what we've mostly chosen. Now the imperative is to take courage: the kind of courage that

only comes about through loving ourselves first and then makes us brave enough to live selflessly.

Drawing on that courage allows us to use what we have been taught, exercise the insights we receive and trust and discern the truth in information we come across. Then we can act selflessly and bravely put into practice what we know.

It takes courage to suggest things like having a meditation before a meeting to ensure a positive motivation for proceedings; recognising that pilgrimage is an important part of our harmony with the land we live on; or saying no to a friend when to say yes would harm your integrity. Bravery is the action required to exercise courage and we all need to be brave right now. Together.

Love and many blessings on your journey, Lynn x

Parallel Community en Français

The French PC website is now up and running, at www.parallelcommunity.com/fr; grateful thanks go to PC supporter Miriam Naccache, who has done the translation; she is currently working on the Spanish version: watch this space! Miriam has described the process of translating the website.

She says, "It was strange, as being a perfectionist, I would sometimes find myself guided through my steps to some areas where the full meaning and purpose of PC was not accurately explained and help would always appear, out of the blue, for the right word or meaning in the context of the translation. I have enjoyed translating the website, as deep down it connected me with the real meaning of PC and how to spread it. I also felt guided and energised

the whole time, and I really sometimes wonder if Hamish's skilful guidance had anything to do with it.

"I really hope that with these translations PC will not only cross the geographic frontiers of cyberspace but also our minds and hearts to bring more of us all together, in continuing our determined task. I am grateful and feel blessed to have been able to make some contribution in spreading the PC essence across our planet Earth."

Connector Martin Wallace, a fluent speaker of English and French, has kindly offered to translate any queries that arise from the French website; his email address is martinwallace6@gmail.com Are there any Spanish-speaking members who could offer to do the same?

Old St Margaret's Church, Hopton

PC Supporter Brian Howard has started a blog on the Meeting Place all about the project he has undertaken to restore the ruins of Old St Margaret's church in Hopton in Norfolk, the last crossing place in the UK of the Michael and Mary lines. For those not on the Meeting Place, here is a taster, and some 'before and after' photographs. "As I keep banging on about the Hopton Church project, I

thought that I would try and tell you what's happening here. In 2000 when I was a Borough Councillor for Hopton, I first came across the ruins of Old St Margaret's church. This was before I got involved with leys and earth energy stuff; indeed I was still plundering Mother Earth as a hydrographic surveyor, finding the black stuff at sea.

"I decided it looked a mess. Walls were not visible; and there was so much ivy and undergrowth that you could not get inside. Along with a mate we started cutting our way in and began to remove tons of rubbish, trees and brambles. We grafted every day for three weeks to clear it out. For the next 10 years and into the present I have managed to get it looking good with flower beds and grass around the outside. Inside we have uncovered a lot of the original 10th century floors and features that abound.

"I now have a loyal band of volunteers who work on preservation and conservation tasks within the walls, and making good progress to getting them back into the community again. We are in the process of applying to Heritage Lottery for grants; and I have had meetings with English Heritage, who are behind us 100% with the project, and a few other funders who show a lot of interest in supporting us. I managed to get the Parish Council to buy the property from the Diocese who showed no interest in this Grade 2 star listed ruin, so it is safe from any development plans.



West front 2000



Front 2011

"We hold regular events around the ruins to raise funds for the project, and also go to car boots and fetes etc with a stall. I also give talks to local groups about the history of the church and the leys.

"Events planned this year so far are: a Race Nite in February, a brass band and jazz in June, St Margaret's Day Fayre in July, a brass band concert in August, and a carol service in December. There will be regular village craft and plant table sales every month from May. It's a lot of work for the few volunteers we have, but we did manage to raise over £1500 last year with just 3 events. Only another £199,000 to go! Pictures of our progress can be found at www.oldstmargarets.com"



South doorway 2000



South side 2011

On February 10, Brian wrote, "I gave a tour and lecture to the whole local school yesterday: 180 cherubs, teachers and parents. It took 6 tours and talks. Everyone was very attentive and really interested. We intend using them to help us with a micro-biodiversity study and in the gardens around the site. They are the future conservationists and possible earth receptors. Leyline lectures next month. Keep listening to mother earth; she is awakening, we must listen."



North side 2000



North side 2011

The Optimist Creed

Supporter Nancy posted the following on her page at the Meeting Place...



The Optimist Creed

Promise Yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness, and prosperity to every person you meet.

To make all your friends feel that there is something worthwhile in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful expression at all times and give a smile to every living creature you meet.

To give so much time to improving yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

To think well of yourself and to proclaim this fact to the world, not in loud words, but in great deeds.

To live in the faith that the whole world is on your side, so long as you are true to the best that is in you.

Meet the Supporters

Connector **Martin Wallace**, who has offered to translate French enquiries, says, "I will do what is necessary, as I sympathise with PC ethics and your brand of humanised networking. Here in France (Bretagne), we are working towards 'autonomous' communities by buying farmland; however, the state is undermining attempts to radicalise this movement by repressive land use laws, banning the use of many plant-based treatments for the soil and health needs. Very dark forces are uncoiling their influence over an unconscious population, here in Europe. Hold on to hope, however: the children are awake, and battling for their future, and we mean to help them."

Suzu Edwards, another Supporter, works for Embercombe (<http://www.embercombe.co.uk>) in Devon: "Embercombe is a charity and social enterprise established to champion a way of living that celebrates the opportunities inherent in this challenging time and that inspires people to contribute energetically towards the emergence of a socially just, environmentally sustainable and spiritually fulfilling human presence on earth." The website is fascinating, and well worth closer examination.

Supporter **Michael Brookman** writes on his profile..."Just another person attempting to become the fullest in Being. With Marianne, my wife, we are building a new house on a magical spot we were led to, amongst the mountains in Northern Tuscany. As yet we do not know for what purpose. My deepest wish is to be able to participate in a fundamental re-awakening of a consciousness that enables us to be part of an actual wholeness, which goes beyond separateness and division. Out of that comes a life beyond anything one can imagine....or control. (P.S. The magical stones on the land of Hamish and Ba, I rolled off the Mendip Hills, near Axbridge, put them in my garden in Winscombe, some 30+ years ago, later moved them to Okehampton, then to Callington, and six years ago passed them to Hamish and Ba.)"

Supporter **Tanya** says, "I dare to believe that we're all here for a purpose and so should do that which matters to all and the whole, and that things can be done differently in a better, healthier, more harmonious and smarter way."

The last word goes to Supporter **Carl Friar** from Ipswich – "That was the river, this is the sea – all hands on deck!"

Poem

Jennifer Denning sent in a poem that she wrote some time ago, because, she says, she feels it sums up what PC embodies.



There is a special vibration
Part of the matrix throughout
time and space.
This vibration heals all,
absorbs all.
It is the open door,
and the star gate.

Flowing like a river,
but immovable.
Silent as a sigh, yet loud as
the primal explosion.
Gentle as a feather,
yet strong as granite.
It existed at the beginning time,
And flows to the edge of forever ---
It is Love

Ecocide

London-based environmental lawyer Polly Higgins has proposed that the UN should recognise 'ecocide' (the mass destruction of ecosystems) as the 'fifth crime against peace', along with Genocide, War crimes, Crimes of Humanity and Crimes of Aggression, triable at the International Criminal Court in the Hague. Her website is www.thissecocide.com

Concert for Tibet

To mark the Tibetan New Year, and as a fundraiser for Free Tibet, PC Supporter **Jackie Juno** is putting on a music concert with her band **The Invisible Opera Company of Tibet**, on **Friday March 4** at the Barrel House, Totnes, starting at 8pm. Entry is £5. Learn about the continuing struggle of the Tibetan people and ways to help, and have a great night out as well! Jackie describes her band, an offshoot of the band Gong, as "a political spiritual psychedelic rock band, subtly infused with aromas of jazz, funk and deep space acid punk with a twist of gnome.... ! We bring to the attention of our audiences the plight of the Tibetan people and offer our music as a prayer."

If you're heading for this event, remember that the **Red Wizard coffee bar** across the road, run by PC supporters John and Eve Macadie, is offering free coffee or tea to PC members!

Duchy Healers AGM

Duchy Healers AGM is on **Sunday March 6th**, from 2.30-5.30pm, at Chacewater Village Hall TR4 8PZ. This year's speaker is **Marcus Mason**, who has practised and taught soul-purpose astrology for 30 years. He is also an acupuncturist, using his knowledge of the two traditions to work with Sacred Earth Energy Healing. He also facilitates workshops, meditations, ceremonies and sacred journeys to ancient sites in the UK, Ireland, Europe, South Africa, Alaska and Hawaii. He is committed to re-awakening and embodying our souls' potentials and our deep relationship with the earth, planets and stars.

- Marcus will also be giving a talk and meditation on **Saturday April 9th**: "Approaching 2012 - Healing the Collective Heart-Mind" at the same venue, 2.30pm; £10 (booking details are on the Meeting Place).

Healing Light Festival – help needed on the PC stall

PC will be having a stall at the Healing Light Festival on **Saturday March 19th**, 10am to 4.30pm, at Chacewater Village Hall, near Truro: an event and showcase for time-honoured holistic healing and complementary therapies. **An urgent plea from Ba: if anyone can help her run the stall on behalf of PC, please call her on 01736 740401.**

There will be more than 25 stalls as well as PC, including Duchy Healers, NFSH, Reiki, Clairvoyant readings, Chakra balancing, Falun Gong, crystals, herbal medicine, a psychic artist; therapies on offer will include healing, massage, reflexology, Indian head massage, Hopi ear candling, aromatherapy and more. Workshops will be happening too, among them an Introduction to Meditation with Wendy Jackson; Angelic Guidance and Spiritual Direction with Debbie Clayton; Dowsing - a useful Tool with David Lockwood; Guided Visualisation and Healing Circle with members of Duchy Healers Association; Cosmic Ordering with Nancy Finch; Crystal Healing with Sue Weaver; Working with Chakras, Planets and Crystals with Marcus Mason and Sue Weaver. Food and drink will be served all day; and there will be a raffle in aid of Shelter Box. The hall is on Church Hill, Chacewater, near Truro, TR4 8PZ. There is free car parking; and the hall is disabled-friendly.

A Life Divined

Nigel Twinn is planning two talks on his book “**A Life Divined**”, his biography of Hamish Miller. Using many of Hamish’s own words, this book paints a posthumous perspective on an uplifting, enlightening, exciting and frequently humorous life well-lived. The first talk is in Totnes, on **Friday April 1st**, at Bogan House, 43 High Street, Totnes TQ9 5NP, at 7.15pm. The second is on **Friday May 6th**, at the Queen’s Hotel, on the Promenade, Penzance TR18 4HG, also starting at 7.15pm.

NB for anyone planning to go to the talk in Totnes on April 1st, PC members John and Eve Macadie invite you all before or after the talk to come into the Red Wizard coffee bar which is just up the road about 30 yards on the other side next to the Happy Apple supermarket. John and Eve say, “Tea and coffee is free, as always, to all PC members who visit our coffee bar, especially if accompanied by a grandparent.”

Healing workshop

Matthew Manning, the world-renowned healer, is to hold a one-day workshop on **Saturday April 9th**, from 10am to 5pm, at Kennet Valley Village Hall, Lockeridge, Wiltshire. The fee is £45. For further information contact Barbara Clauson on 01672 841219 or Isabelle Kingston on 01672 841220; or to book a place, email Diana Sweasey on disweasey@mypostoffice.co.uk

Sweat Lodge

Looking ahead, on **Saturday April 30th** and **Sunday May 1st**, at Treviscoe, Lelant Downs, **Mukti** is holding a traditional sweat lodge, a Native American purification ceremony for mind, body and spirit, to which all are welcome to come and participate. Mukti says, “This dance of fire, earth, air, water and spirit, in combination with drumming, songs and prayers, brings a renewed sense of well-being and clarity.” For booking and more information, email Ba on ba.miller007@gmail.com

PC Open Afternoon and Barry Brailsford’s talk

Saturday May 7th is the date for this year’s **Open Day at Treviscoe**, from 2-4.30pm. The admission charge will be £5, which will include a cream tea.

Author **Barry Brailsford** is coming to Cornwall to give a talk on **Sunday May 8th**, at Marazion. More details to follow.

And finally ...

The Dalai Lama was once asked what thing about humanity surprised him the most. His answer was “Man”. When asked why, he explained, “Because he sacrifices his health in order to make money. Then he sacrifices his money to recuperate his health. And then he is so anxious about the future that he doesn’t enjoy the present; and as a result he doesn’t live in the present or the future. And he lives as if he’s never going to die, and then he dies having never lived.”

Please send any thoughts, reflections, letters, or contributions you would like to be considered for inclusion in the April newsletter by Friday March 25 at the latest to Frances (watts@penare.ndo.co.uk) or to the address below. The focus for April is “Generosity”: any musings on this subject would be welcome as well.

The Parallel Community, PO Box 11, Hayle, Cornwall TR27 6YF, UK

info@parallelcommunity.com

www.parallelcommunity.com