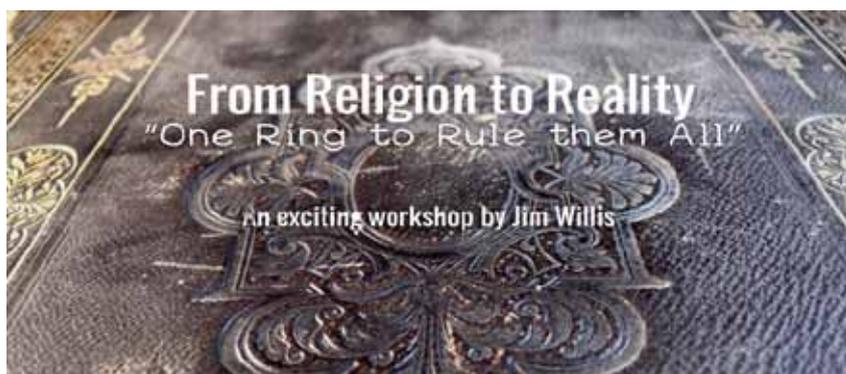




Parallel Community Newsletter April–May 2015

The Parallel Community is a linking network and a platform where people can express and develop their positive contribution for change – human, social, ecological, creative and spiritual.

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June 21st 2-5pm

In their search for meaning in the world of religion 40,000 years ago, across Europe and Asia, our ancestors felt the need to crawl deep underground, sometimes as much as a mile, braving the depths and darkness, to paint magnificent images on the walls of caves. **Why?**

Six miles from Urfa, an ancient city in Southeast Turkey, stand the ruins of a megalithic temple called Gobekli Tepe. Built 11,600 years ago, before the Agricultural Revolution, before

humans had discovered how to grow their own food to support such an endeavour, it begs the question, **why?**

Six thousand years later, humans dragged stones weighing up to four tons, 140 miles across England to build a monument called Stonehenge. **Why?**

On an equatorial band circling the earth our ancestors felt the need to build pyramids. **Why?**

Over the course of three thousand years no less than five world religions were born that are still a source of faith and practice to billions of people around the world. **Why?**

Over the last hundred years scientists have probed deep into the nature of material existence itself, uncovering a wild and wacky quantum universe unimagined until our day. What they discovered has caused even the most secular of them to ask the question, **“Why?”**

The great questions of humanity have been the same for as long as there have been humans around to ask them:

Who are we? Why are we here? What is our purpose? Is there more?

*****TICKETS will be sold through the Cornish Riviera Box Office (www.crbo.co.uk/events.php?evGrp=289).**

Details to follow soon!***

*****Plus: Jim will be offering a storytelling around the Hopi fire in the evening (after the Summer Solstice Celebration at PC's home 'Treviscoe' from 7.30-9pm).*****

About Jim Willis

After graduating from the Eastman School of Music, Jim Willis became a high school band and orchestra teacher during the week, a symphony trombonist on the weekends, a jazz musician at night and a choral conductor on Sunday mornings. The author of seven books on religion and spirituality, he has been an ordained minister for over forty years while working part-time as a woodworker and handyman, the host of his own drive-time radio show, an arts council director and adjunct college professor in the fields of World Religions and Instrumental Music. His teaching career produced both the comprehensive one-volume encyclopedia of religion, *The Religion Book: Places, Prophets, Saints and Seers*, and *Armageddon Now: The End of the World A to Z*, written with his wife, Barbara. Concern for spiritual growth in contemporary society prompted his book *Faith, Trust & Belief: A Trilogy of the Spirit*, while his love for long-distance bicycling led him to make several cross-country bike trips and inspired both his first book, *Journey Home: The Inner Life of a Long Distance Bicycle Rider* and its sequel, *Snapshots and Visions: A View from the Now*. Savannah: A Bicycle Journey Through Time and Space continued that tradition. Upon retirement he moved to the woods, determined to confront the essential spirituality that has inspired humankind since the very beginnings of time. The result of this quest is chronicled in his book, *The Dragon Awakes: Rediscovering Earth Energy in the Age of Science*.

Member messages

If you want to contact any of the members below, please write to info@parallelcommunity.com and we will send you their contact details.

Lyn Whiteman: We are friends of Ba's, and met you on a couple of our visits back down to Cornwall as we now live in Chichester, West Sussex, but often pop down for a visit! We came to last year's Autumn Equinox and loved it! It is so wonderful to be part of groups who are consciously awake!

We would like to ask if there is scope to let members know about an opportunity to do an Introductory day with us on 'Relaxation'. The way we work is with the elements and is thoroughly and deeply relaxing enabling those who experience this work to be in a state of deep peace and have clarity of mind and a relaxed body! The work we do is based on 12 years of our own work, it is wonderful to share, and we love it!

We will be in the area on 30th April and 2nd May, running two of the Intro's in Penzance. There is also a special offer of a free intro day if taking up this offer of booking a 3 day Practitioner Course as well, to become a Neutral Space Relaxation Specialist. Accredited with IPHM.

Please take a look at the website www.neutral-space.co.uk; and if this resonates and it is possible to share with members who may like to know about it, that would be fantastic.

We are also on Facebook.

Kind Regards, Lyn and Graham, Neutral Space Relaxation

Carole Inman: Dear friends and acquaintances:

I am celebrating the completion of my book in Falmouth on **Thursday evening, April 30th**, at the Coffee Shop of King Charles the Martyr Church in Falmouth. Several friends and myself will read our poems and Oak, local cellist, will play. I hope you will come, have some fun and be part of this important moment for me.

'*Only Now Do I Know*', poems of a five year old boarder, is about my feelings of abandonment and loss, exclusion and worthlessness which I only recognized in 2011 at age 64. It is a story of hope and transformation, of finding a way out of darkness and into a lighter brighter way of living in the present (by movement, drawing and writing). I know that others have resonated with the themes and I hope the words and links provided will support others on their life journeys. More information on the website: www.autumnrainbows.co.uk. The book will be purchasable through the website in the few weeks. I will also have a few copies to loan out.

I look forward to having you with us on April 30th, in Spirit if not in person :)

Please call or email if you have any questions.

With love and friendship,

Carole Inman in Falmouth, Cornwall

"As we tap into the deep sources of bodily wisdom through creative art expression, we dance the renewal, recreation and healing of ourselves and our world." Anna Haprin, Tamalpa USA

Dawn Over

Meditation groups

Hi All,

A sudden urge to re-read 'The Only Planet of Choice' struck about a month ago. Along with a desire to become more actively involved in doing whatever can be done to help. Cornwall is a teensy bit far to travel to join a meditation group. Is anything happening in the Bath/Bristol area?

Thanks

Dawn

Justin Sutton: Greetings to all at Parallel Community,

I discovered your website about a year ago after finding one of the fantastic lectures of your illustrious founder Hamish Miller.

Please have a look at our website. It is old fashioned because we have been around since the 1990's yet since publication in 2002 we have met many hardships. We are, however, now very well known internationally via government liaisons and official trade missions via the US Department of Commerce... but we just keep running into 'capitalists' that want to eat our lunch, when we are trying to create a new economy that will feed millions of people.



Please have a look and share with your members, please; we could really use some help from good people who will nurture our program.

Sincerely,

Justin Sutton

Skype: interstatetraveler

www.InterstateTraveler.us

Founder and Managing Partner, The Interstate Traveler Company, LLC,

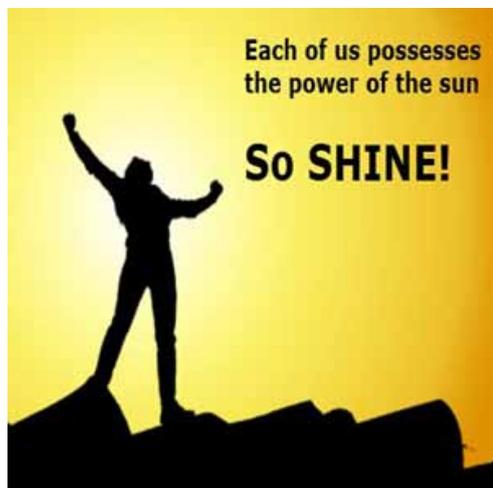
4990 S Old US Highway 23, Brighton MI 48114-8804 C: 313.910.9711

Divinus Providencia et Veritas Aeternum

Karen, AZ, USA

I have a background in biological science. I am interested in consciousness and meditation. I have been successfully self-employed in a business for over a decade. I am interested in helping to change the direction the world appears to be going due to the politicians and corporate leaders.

About Awake Radio – straight talk for the awake and aware



“The hosts on Awake Radio are of a similar mind: that is, once we became ‘awake’ to the true nature of this subversively manipulated reality, we decided to do something to help spread awareness to those who are still metaphorically ‘asleep’ to the deliberate and psychopathically controlled enslavement of mankind.

While we realise some do not want to know of our collective enslavement and the deliberate culling of the global population, we have decided to ensure, at least in part, that this radio station delivers to those who will hear it, the opportunity to become aware of life as it really is and in so doing hopefully side with us in waking up as many people as possible to unite together in a peaceful community response to help change what otherwise will be the imposition of, at best, a fascist police state under which our only liberties will be ones granted to us, or at worst may see the end of our genetic lineage in favour of the self-styled ruling elite’s psychopathic bloodline.

This is the basis for our grassroots Awake Radio inception, and we sincerely hope it will help the tide to turn in our (humanity’s) favour, and with your help... it will.”

Source: www.awakeradio.co.uk

The Fuji Declaration is much more than a simple document. It is an international alliance of individuals and organizations that share a commitment to work toward a more harmonious, compassionate, and sustainable world. It is also a call to all humanity to awaken to and nurture the ‘divine spark,’ or sacred spirit, within each and every one of us. As this spark is ignited and our full human potential unlocked, we will catalyse a shift in the course of human civilization.



The vision of the Fuji Declaration, to “overcome the hold of obsolete ideas and thinking that underlie today’s unsustainable trajectory and design a more harmonious and flourishing civilization for the coming generations”, is closely in line with the vision and ideals of the Symphony of Peace Prayers, and the S.O.P.P. is honoured to provide the stage for the inauguration ceremony during the beautiful program that will take place on May 17th.

May Peace Prevail on Earth.

Read more: www.symphonyofpeaceprayers.com/the-fuji-declaration-ignite-the-divine-spark/

Pathways to the Past 2015

May 30th-31st 2015

A weekend of walks & talks amongst the ancient sites of West Penwith, Cornwall, UK

Saturday May 30th

10-12.30pm Catching the light of the sun and moon

A guided circular walk with Cheryl Traffon & Lana Jarvis to visit prehistoric sites that were aligned to the sun and moon, including the Mên-an-Tol, the Nine Maidens barrow & stone circle and Bosiliack barrow. Meet at Mên-an-Tol layby beside the Madron to Morvah road [SW418 344]

2-4.30pm Living at the Edge

A guided walk with archaeologist David Giddings to visit the lesser-known Nanjulian courtyard house settlement, perched at the edge of the land between St.Just and Sennen.

Meet at Nanjulian off the B3306 St.Just to Sennen road [SW360 294] TR19 7NU

8-10pm Hot Metal: the discoveries that changed the world

An illustrated talk by Paul Bonnington about the invention of metal making and the effect this had on the Bronze, Copper and Iron Age societies. Meet at the Count House at Botallack. TR19 7QQ.

Sunday May 31st

11-12.30pm Sites on the Scillies

An illustrated talk by archaeologist Charlie Johns, exploring some of the unique and beautiful ancient sites on the Isles of Scilly and the prehistoric people who built them. Meet at the Count House at Botallack. TR19 7QQ.

2-4.30pm Stories in the Stones – the Merry Maidens and more

A guided walk with archaeologist Adrian Rodda to sites in the Lamorna area, including the Merry Maidens stone circle, associated standing stones and Tregiffian entrance grave. Meet at Boleigh farm on the B3315 Penzance to Lamorna road. [SW436 349] TR19 6BN

8-9pm Community Archaeology

To round off the weekend, Richard Mikulski will chat about community archaeology projects. Meet at the North Inn, Pendeen.

Each individual event £5 but free to members of FOCAS (Friends of Cornwall's Ancient Sites). You can join FOCAS at the beginning of the individual event, or by telephoning 07927-671612, or by e-mailing: focus@cornishancientsites.com.

Uplift

Watch 'Message from the Mother'

In December of last year, out of concern for our deteriorating environment, spiritual representatives of the original peoples of the Sierra Nevada de Santa Marta, along with Diné, Mexica, and Otomi elders from America, came to Australia to make ceremony at Uluru with the traditional keepers of the land.

Together there they crafted an urgent message to the world: 'The Declaration to Restore Mother Earth' in which they call upon every individual to make a personal commitment to play their part in restoring our planet.

Please share this message and the Declaration and let's join together this #EarthDay on April 22nd to Restore the Earth.

SHINE...

by Core Team member Annie Turner

You come in pain.
There's a rigidity in your body –
A holding –
A guarding –
A suppressed panic –
Your body seems to say, "What if...?"
What if what?
"What if I'm wrong?
What if nothing will change -
And I feel like this for ever -
Or worse, it worsens...?"
"I've been told..."
"I've got to..."
"I must..."
Yet, companioning you in that place,
Witnessing you just as you are -
No pushing, no pulling -
Listening touch asking you to witness yourself just as you
are,
Brings a gradual softening.

"Shall I put my hips here?"
No, let them be.

45 seconds they say –
45 seconds is all the time it takes before something in the
body changes –
An emotion – a tightening – a panic – a clenching.
Yet we run from all these feelings into new ones,
Long before the 45 seconds passes – and why not;
They're horrible feelings, they are,
And no one has ever stayed with you,
Said you are human in these feelings and sensations.

"Should I do this with my head?"
No, let it be.

No one has ever stayed with you,
Preferring to change you rather than feel your discomfort.
No one has listened with you to your clenched panic,
For as long as it takes,

Until now.

"Should I push my knees back here?"
No, let them be.

And witnessed - not judged -
Audience - not criticised -
The experience changes.

Supported by quiet hands
Space appears -
Possibilities surface -
A clarity stirs.

'Do this' and 'Don't do that',
'Lift here' and 'relax there', all irrelevant;
Your body knows what to do, where to flow...
And now we hear it speak its truth.
So much correctional instruction in the past -
Assumptions,
Fashions,
Pushings,
Forcings,
Contradictions...
'Make the body behave!'

Oh bless it, and bless you...
No, no, no...
Come, rest under my hands,
Sense the wisdom in your body,
Feel the waves quieten,
Be.

"So, I just stand here? Resting on my feet? My head on
top?"
Yes.

You.
Wondrous you,
Just lost under all those should-ed shoulds.

Come out, come out; you're too fine to be hidden thus.
Gradually come free,
Gently shine,
Be.

thebodywonderful.blogspot.co.uk

Welcome to new members

The vision of the founder of Parallel Community, Hamish Miller, was for everyone to come together, envision and build a kinder world based on mutual trust, respect and love for each other and for our beautiful planet. For that purpose we run two digital platforms where people can connect up: there is now a total of 577 members from all over the world that have registered on Parallel Community's Meeting Place: parallelcommunity.ning.com, and 339 members on our Facebook page www.facebook.com/groups/parallelcommunity. And we also publish a bi-monthly newsletter reaching approximately 2000 readers globally.

If you would like to connect online use the Meeting Place. New people are asked to tell us something about themselves, and share the particular skills and talents they could bring to PC. The following were responses from the people who have recently joined. If you want to get in touch with any of them, get online and make contact. After all, that is the whole point of Parallel Community: to bring people together who are doing amazing work, and to make them realize that they are not alone.

Greg, Auckland, NZ

I am an intuitive and Reiki Master Healer from Cape Town now living in Auckland.

Linda, Cornwall, UK:

Reiki Healing. EFT (Emotional Freedom Technique)

Jon, Devon, UK

I am a good communicator – am fluent in Spanish, and use words, music and movement to bring people together in a spirit of peace, joy and harmony.

Marina, Cornwall, UK

I am married with two fab sons, I am soon to be nanny for the first time at 55. I have just passed my diploma in Reiki, now doing the second part. Qualified beauty therapist NVQ level 1 and 2.

Hagen, Christchurch, NZ

I believe there is vast ancient knowledge that modern science will eventually accept.

Gillian, Ontario, Canada

I am studying to become a Spiritual Psychotherapist and a Family Constellations Facilitator. I am passionate about racing, tarot cards and coaching/counselling people through times where they need support. My goal is to open a home practice in the near future to support others on their discovery and healing journey. I like to see the best in everyone and help bring out their most joyous qualities. This brings me joy. My dream and passion is to do positive, meaningful, enjoyable work helping others to gain greater powerful insight into themselves and their lives.

I love to create a safe space for anyone to look at the events, circumstances, and relationships in your life from a new perspective.

Nina, Sweden

Astrology, food, how to handle dogs, films.

Barbara, Preston, UK

Studied Anthropology and lived my life with synchronicity searching for meanings and purpose. By following my heart I have found the work that I loved and aligned my professional career with my studies in personal/spiritual development. I am now working as a coach with local community groups who want to build a better life for the future and move away from the consumer life-style. I have extensive business experience as well as training and group facilitation skills. I have lived and worked in Egypt and other parts of Africa and I am currently advising on the development of an eco-tourism project in Gambia.

Yvette, London, UK

I have a love of dowsing, earth energies and sacred sites. Although I live in London, I adore visiting

Cornwall and all the places that sing. I am a healer and an artist and love to be part of like minded communities.

Anthony, Leicester, UK

45yr old Asatruar looking to find and share new knowledge.

Zeets, Perth, Australia

I am part of the admin team for www.awakeradio.co.uk and its network of sister radio stations. Also interested in building an off grid community in south-west WA (Western Australia).

Alan, Suffolk, UK

I am a great lover of nature and get out into nature as frequently as I can. I like to record wildlife that I see, and am now into photography. At the moment part of a team looking after a local Country Park for people and wildlife. Thoroughly enjoy Reiki healing. Like drumming and most types of music.

Inez, Netherlands

I am familiar with the use of a Lecher Antenna.

Ester, NC, USA

Wilderness rites of passage training. Experiences of shamanic practices in North and South America. Graduate degree in counselling. Decades of organic gardening and forestry. Lived in a spiritual community for seven years.



A marriage of biodynamics and permaculture

The Biodynamic Land Trust, a charitable community benefit society established to secure land into trust for healthy and sustainable farming and gardening, is on the point of leasing a large area of farmland from the Dartington Estate lying between the villages of Huxham Cross and Week, close to Totnes. The Trust says*:-

“We aim to create a beautiful 36-acre farm that will produce delicious biodynamic food, vegetables, fruit, beef, eggs and chicken that will supply 100-150 families via a CSA model. The farm would add value to produce – making jams, chutneys, cordials and juices with grade out produce. This will be a learning demonstration farm for Biodynamic methods of food production, permaculture design and Agroforestry, weaving these techniques together to create a productive, sustainable, beautiful and bio-diverse farm.

The project would offer a range of courses and events for the local community and to train apprentices. We will welcome children to explore the farm, food and eating.”

The first workshop to plan the use of the land took place in April, using the principles of biodynamics and permaculture in combination. The second will be at the end of May.

See www.biodynamiclandtrust.org.uk/securing-and-protecting-land/land-share-offers/huxhams-cross-farm/vision/

Blessing Seeds

By Core Team member Nathascha Heijen

Traditionally, on the agricultural calendar of the Western Hemisphere, late Spring is the time to start sowing. Farm fields have been cleared from last year's crop and the ploughed land is ready to receive the new seeds. That makes this time of year a very potent one in a spiritual sense too. Humankind is part of Nature, whether we acknowledge this or not, and our rhythms are interwoven with the local season. When we live in tune with the natural cycles, our lives will flow more effortlessly. So let us make good use of this time of year and make it into a moment in which you 'sow your seeds'. Know that with proper care, the seeds will grow and ripen until you can harvest the joys of the work that you now do. Let us be 'farmers' of the future.

Below I offer a suggestion for a Blessing Seeds visualisation. I've taken a general approach to the Seeds, offering an opportunity to bless the Earth and life on it. However, if you want to throw in some personal seeds as well, feel free to adapt the storyline in any way that feels comfortable to you!

Blessing Seeds

Imagine that you hold in your hand fine sparkling grains like fairy dust. Imagine that these grains in your hand contains pure Life Essence. They hold immense potential and have the power to bring anything into manifestation that is beneficial to the Earth. They are precious Blessing Seeds.

If you could bless anything on Earth, what would you use them for?

Where would you sow your Blessing Seeds?

What would you manifest on Earth?

Run through your head the endless possibilities for a Blessing. Let yourself be inspired. Don't choose yet, just let your imagination run wild.

Feel the pulse of excitement racing through your whole being. It is building up towards that moment of your definite choice. You know your Blessing will make a difference! You know your Blessing will manifest and change the Earth! You know it is true. Somewhere inside you, ancient knowledge is being unlocked right now!

You're experiencing a deep inner knowing. Deeper than the oceans and vaster than the Universe. YOU KNOW. The Light of Knowledge flows through your whole being.

Inhale it. Integrate it. Be it.



Imagine that the Light of Consciousness, and the Life Force of Love from all over the Universe gathers around you in this exact moment. The moment in which you are about to choose what your Blessing for the Earth will be. They will witness your deed.

Notice how your heart rejoices. Wave after wave of deep Love enters your being now. Surrender. Let it flow into you. Choose to open up to Love. Trust that you are safe. Your heart expands and fills itself up. Now, you ARE Love.

Love starts flowing from your heart into all parts of your body. You become charged with Love. Your head is filled with the Light of Knowledge and your heart radiates with Universal Love. You truly are a being of Light and Love.

Everything you touch now, will be impregnated with these qualities. Think about the Blessing Seeds in your hand. Do you know what to use your Blessing Seeds for? Did your heart choose a Blessing?

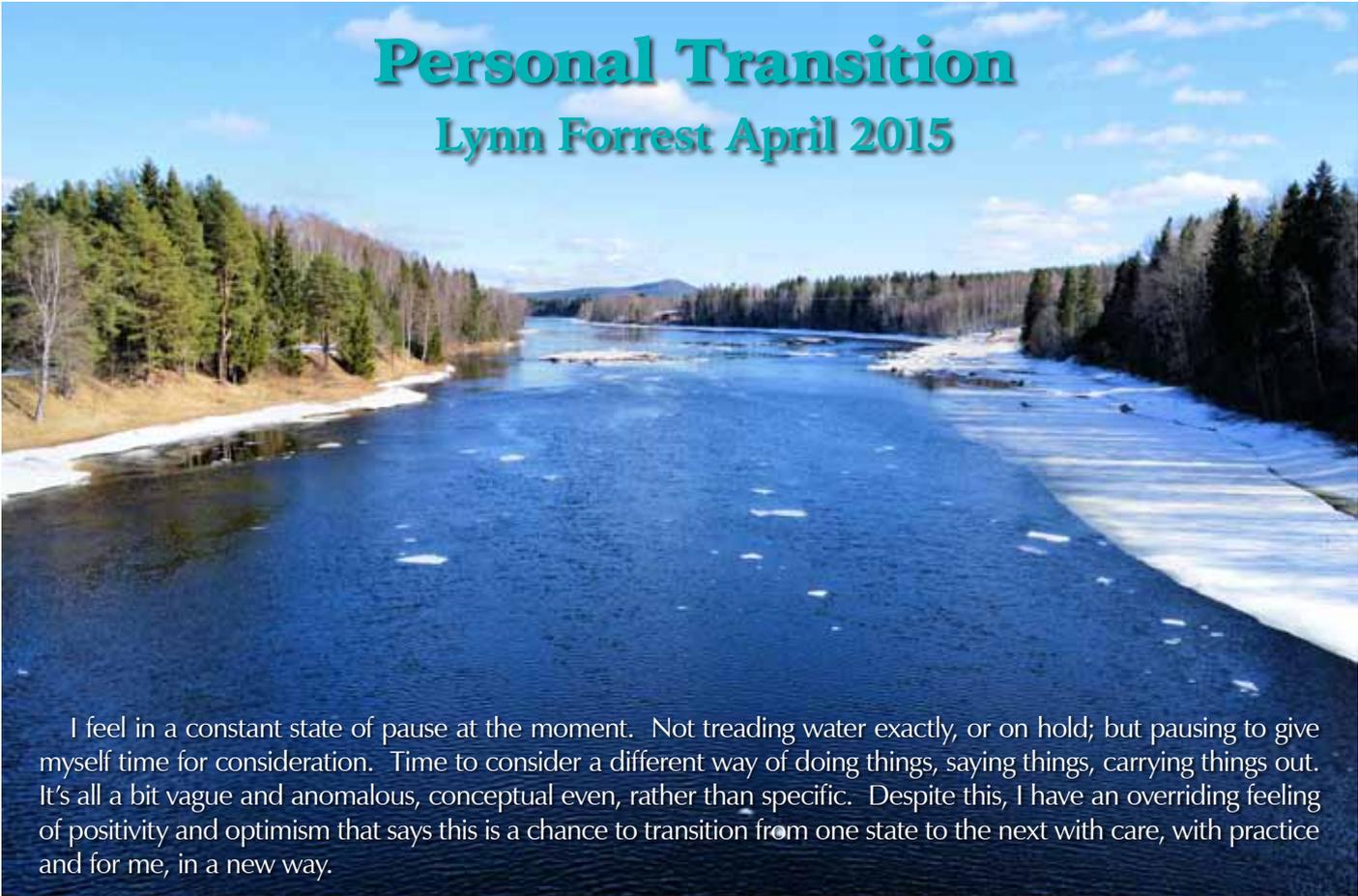
Then, NOW, in this moment, see your Blessing Seeds being ignited with your Blessing. Feel how the seeds in your hand come to life, creating blueprints that will manifest.

Ready? Then SOW your Blessing Seeds!

Smile.

Personal Transition

Lynn Forrest April 2015



I feel in a constant state of pause at the moment. Not treading water exactly, or on hold; but pausing to give myself time for consideration. Time to consider a different way of doing things, saying things, carrying things out. It's all a bit vague and anomalous, conceptual even, rather than specific. Despite this, I have an overriding feeling of positivity and optimism that says this is a chance to transition from one state to the next with care, with practice and for me, in a new way.

I find myself speaking less, being quiet, slowing down my reaction in order that I can respond clearly and positively. I'm even considering my motivation for responding in the way I do and checking to see if I can make it true to what I really feel and can commit to. It's a weird sensation sometimes, almost finding yourself looking at a situation from outside of it. It feels like an examination in slow motion that with time, has become a practice of authenticity so that I become more 'me' and less of the conditioning that had become my life. I now see too that whilst this is a lifetime's work it is crucial to the future we want to see for our world.

I've had to re-examine my values and discover if I can really live up to them. I've had to get into a game of semantics with myself and truly own the words I use to explain things. I've had to become the woman I talk about and really be a living example of what I teach, consciously. And I've realised, through my work as healer and teacher of spiritual things, that many others are coming to this period confused and lost. Humanity does not have a map to take us forward into a new society; we have past stories that only tell of more of the same and we do not have a forward view that is new and encouraging: after all, we've never done this before. It is up to those who are aware to be the ones who navigate the path ahead and offer to share that awareness with others who are struggling. Not everyone will listen or see the different path, or be willing to take it. But we cannot transition from this way of being to the next without taking a risk and applying discipline. A good dose of hope helps too and finding a joyful way of doing it. That though is the fun in trying something new.

For all the doom, gloom and inertia, I am actually having a ball. If I am just patient with myself (and others), the outcome of my 'new way of being' is creating some marvellous meetings and events in my life. Very slowly I am discovering a future stretching into the distance that is sustainable, enjoyable and full of the hopes and values I hold. It is not an overnight occurrence; it is part of the path I will continue to navigate throughout the rest of my life. Now it is a conscious partnership between my human self and my higher self. I feel like I am exercising a gentle responsibility I may not have done before and it's not as arduous as I had previously believed it might be. Change might not be as difficult as I had once thought, providing I let go of my projections about it and apply what I know to be right in its process.

So as well as Transition Towns and the Transition Network, I reckon I'll coin a new phrase: **Personal Transition**. An individual initiative to take humanity from our current way of being to one that offers a caring, sustainable and considerate society that can move our communities into a better future.

Development in Turkey

Last October I joined a group visiting the south east of Turkey. On our outings we were really upset by the way they were raping the countryside so we wrote the following letter to the authorities.

Valerie Shuttleworth

LETTER TO MINISTRY OF CULTURE AND TOURISM , ANKARA, & GOVERNOR OF SANLIURFA, TURKEY

"We are a group of people from the UK who have come to Sanliurfa to visit and experience its sites of great cultural significance for us and the rest of the world.

Whilst here we have been touched and heartened by the friendliness and generosity of the people we have met despite our language differences. The places we have visited, especially Gobekli Tepe, Sogmatar and Harran have been amazing and have contributed to a much greater understanding.

However, in our travels in the Urfa region we have been concerned to see and learn of the size and speed of the economic and agricultural development schemes. Whilst we appreciate the benefits that can be forthcoming, we hope that the area will not fall into the same errors that we have experienced in the UK: benefits going to large landowners and companies rather than to the local people; the economy adopting unsustainable methods; soil depletion; spoiling of the environment and loss of wildlife. Our culture has also suffered from a loss of community and the friendliness of our people.

We hope that a considered, balanced approach will be taken for local development and that it will avoid repeating the mistakes that we in the UK have already made to our cost.

This is a wonderful area with such open and warm people that we fear could be lost and that is why we have written this letter."

BRITISH HISTORICAL/CULTURAL GROUP VISIT OCTOBER 2014

PARALLEL COMMUNITY NEWSLETTER

Please send articles, thoughts, poems, photographs, ideas, etc. to the address below, by post or email. The next newsletter will be coming out in June; the deadline is Friday May 29th. Please feel free to pass this newsletter on to any friends you think might be interested.

The Parallel Community, c/o Treviscoe, Trecrom, Lelant Downs, Hayle, Cornwall TR27 6NP, UK

info@parallelcommunity.com

www.parallelcommunity.com



Bluebells at Treviscoe

On the trip to Anatolia

